

Preparing for  
your infusion  
treatment with REMICADE®



 Remicade®  
INFLIXIMAB

# Understanding your treatment

You are preparing to receive your first infusion treatment with REMICADE®. This booklet along with the enclosed Medication Guide for REMICADE® is designed to help your doctor help you feel comfortable with the treatment decision and the IV infusion experience. Understanding the treatment process will help you prepare for your infusion. You'll also know what to expect when you arrive for your appointments. If you have any questions regarding your treatment with REMICADE®, please talk to your doctor.

## What is an IV infusion treatment?

IV infusion is when medication is administered "intravenously" (IV), or directly into a vein in your arm or hand. When a medication is infused, it goes straight into your bloodstream and gets to work to help you feel better. See "Your infusion treatment...step-by-step" on page 8 for more information.

## Where can I receive my treatment with REMICADE®?

Your doctor will help you select a treatment location that's right for you. There are a number of options, including:

- Your doctor's office, if this service is offered
- Another physician's office
- Hospital outpatient department
- Local infusion center
- Home healthcare service



You should note that your insurance coverage and co-pay requirements may differ depending on your insurance plan and where you receive your treatment.

## What can I do during my infusion treatment?

Most people take advantage of this time to just relax. You can listen to your MP3 player, catch up on reading your favorite books or magazines, work on your laptop, even bring your portable DVD player.

## How long does it take to receive my treatment with REMICADE®?

Treatment with REMICADE® usually takes about 2 hours. Additionally, there may be a period of pre-infusion preparation and post-treatment monitoring by your healthcare professional.

## What can I do after my treatment with REMICADE®?

Since REMICADE® is non-sedating, you should be able to drive after your treatment and continue with your normal schedule, as advised by your doctor.

**Please read approved uses for REMICADE® on page 6.**

### SELECTED SAFETY INFORMATION

**REMICADE® can lower your ability to fight infections. Serious and sometimes fatal events can occur. There have been reports of serious infections including tuberculosis (TB) and infections caused by bacteria, fungi, or viruses that have spread throughout the body. Lymphoma (including a rare fatal kind) and other cancers have been reported in children and adults taking REMICADE®. Some people with heart failure should not take REMICADE®. Other serious side effects include hepatitis B, liver injury, blood problems, allergic reactions, nervous system problems, or lupus-like syndrome. To learn more about these and other risks, please read the Important Safety Information on pages 10-11 and the enclosed Medication Guide, and talk with your doctor.**

## How do I schedule my appointments?

Infusion appointments are typically scheduled through your doctor's office at one of the locations listed on the previous page. Since you are new to treatment with REMICADE®, you will first receive "induction" doses, followed by "maintenance" infusion treatments.

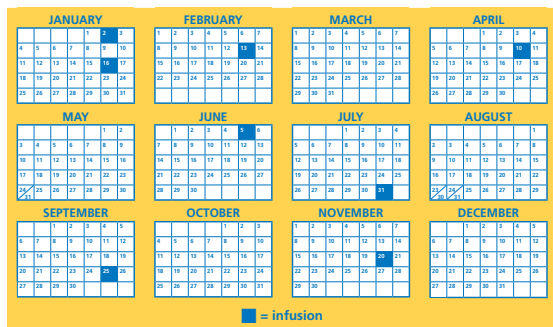
### Induction Doses

Your first three infusions, called "induction" doses, are given at 0, 2, and 6 weeks. That means you receive your first dose, followed by additional doses at 2 and 6 weeks after the first dose.

### Maintenance Infusion Treatments

After your induction doses, your "maintenance" infusion treatments are just once every 8 weeks. REMICADE® is the only medication of its kind that offers the frequency of treatments about every 2 months after the induction doses. That could be as few as 6 times a year.

### Sample infusion schedule



Work with your doctor's office to pre-schedule your appointments for an entire year so you can plan ahead. It's important to receive treatment with REMICADE® as your doctor prescribed. If you need to make a change, just call your doctor's office or infusion provider to reschedule.

### Before your first infusion with REMICADE®...

Your healthcare provider will take a very thorough medical history. Be prepared to discuss your overall health, as well as questions about all of your medical conditions, including:

- Tuberculosis (TB)
- Serious infections
- Cancer
- Heart failure
- Hepatitis B
- Liver injury
- Blood problems
- Allergic reactions to ingredients in REMICADE®
- Nervous system disorders including seizures, multiple sclerosis, etc.

Your doctor will examine you for TB and perform a test to see if you have TB. If your doctor feels that you are at risk for TB, you may be treated with medicine for TB before you begin treatment with REMICADE® and during treatment with REMICADE®.

Even if your TB test is negative, your doctor should carefully monitor you for TB infections while you are taking REMICADE®. Patients who had a **negative** TB skin test before receiving REMICADE® have developed active TB.

**Before each and every infusion treatment**, your healthcare provider will give you the Medication Guide for REMICADE® and provide you the opportunity to read it.

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## Approved uses for REMICADE®

**Rheumatoid Arthritis (RA)** - REMICADE®, used in combination with methotrexate, can reduce signs and symptoms, help stop further joint damage, and improve physical function in many patients with moderate to severe RA.

**Psoriatic Arthritis** - REMICADE® can reduce signs and symptoms of active arthritis, help stop further joint damage, and improve physical function in many patients with psoriatic arthritis.

**Ankylosing Spondylitis** - REMICADE® can reduce signs and symptoms in patients with active ankylosing spondylitis.

**Crohn's Disease** - REMICADE® can reduce signs and symptoms and induce and maintain remission in adult and pediatric patients with moderate to severe Crohn's whose disease is still active despite treatment with other therapies.

**Ulcerative Colitis (UC)** - REMICADE® can reduce signs and symptoms, induce and maintain remission, promote intestinal healing, and reduce or stop the need for steroids in adult patients with moderate to severe UC who haven't responded well to other therapies.

**Plaque Psoriasis** - REMICADE® is approved for the treatment of adult patients with chronic severe (extensive and/or disabling) plaque psoriasis under the care of a physician who will determine if REMICADE® is appropriate considering other available therapies.

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## Before every infusion with REMICADE®...

Because your maintenance infusion treatments may be once every 6-8 weeks, you may experience changes in your health between appointments. That's why, before every infusion, your healthcare provider will ask you about items such as:

- Changes to your medical history
- New medications you're taking
- Possibility of pregnancy
- Recent flu shots or other vaccines
- If you have allergies to any medications
- Your current weight
- How much water you've had
- Any symptoms of infection you've noticed

### Preparing for your treatment with REMICADE®

Preparing for your infusion treatments is easy. Be sure to consider your current health status so you'll be prepared to answer the questions you will be asked before each treatment. You should dress comfortably and wear whatever is appropriate for your schedule for the day.

- Get a good night's sleep before your appointment
- Consume ample fluids—especially in warm weather when loss of salt and water through the skin may be high
- Eat breakfast or lunch before your treatment
- Be on time for your appointment

# Your infusion treatment... step-by-step



## Step 1: Read the Medication Guide for REMICADE® (infliximab) provided in this brochure

### Step 2: Pre-infusion preparation

When you arrive, the healthcare professional supervising your infusion will perform a general assessment of your health and record your vital signs, including:

- Blood pressure
- Respiration
- Pulse
- Temperature
- Weight

You may also receive medicine to prevent or lessen the chance of infusion reactions.

### Step 3: The infusion treatment

- Your healthcare professional will carefully calculate the dose that is right for you based on your body weight. That means you receive only the amount of medicine you need.
- Your healthcare professional will prep your arm or hand for insertion of the IV needle by sterilizing the area with rubbing alcohol.
- The IV needle will be inserted and held in place with tape.
- The IV tubing and IV bag will be connected to the needle and a saline solution will first be infused into your bloodstream.
- The IV bag containing REMICADE® will be connected and infused into your bloodstream.
- Your vital signs will be monitored every 30 minutes during the infusion.
- If you experience side effects such as hives, shortness of breath, fever, chills, and chest pain from your infusion, the treatment may need to be adjusted or stopped. In addition, your healthcare professional may decide to treat your symptoms.

### Step 4: After the infusion

- Your healthcare professional may continue to monitor you after your infusion to make sure you're not having a reaction to the medication.
- At the end of your treatment, the healthcare professional will remove the IV needle from your arm or hand.

Your infusion is complete, now it's time to go about your day.

If you did not receive your treatment in your doctor's office, a report may be sent to your doctor so your progress can be monitored.

**Remember**—if you have any questions or changes in your health status at any point during the infusion process, be sure to discuss them with the healthcare professional overseeing your treatment.

This summary is a general example of how infusion treatments may occur. Your infusion treatment may differ based on your healthcare provider.

### SELECTED SAFETY INFORMATION

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## Important Safety Information

Only your doctor can recommend a course of treatment after checking your health condition. REMICADE® (infliximab) can cause serious side effects such as lowering your ability to fight infections. **There are reports of serious infections caused by viruses, fungi or bacteria that have spread throughout the body, including tuberculosis (TB) and histoplasmosis. Some of these infections have been fatal. Your doctor should monitor you closely for signs and symptoms of TB during treatment with REMICADE®. Unusual cancers have been reported in children and teenage patients taking TNF-blocker medicines. A rare form of fatal lymphoma has occurred mostly in teenage or young adult males with Crohn's disease or ulcerative colitis who were taking REMICADE® and azathioprine or 6-mercaptopurine.**

For children and adults taking TNF blockers, including REMICADE®, the chances of getting lymphoma or other cancers may increase. You should discuss any concerns about your health and medical care with your doctor.

### **What should I tell my doctor before I take REMICADE®?**

You should let your doctor know if you have or ever had any of the following:

- Tuberculosis (TB) or have been near someone who has TB. Your doctor will check you for TB with a skin test. If you have latent (inactive) TB, you will begin TB treatment before you start REMICADE®.
- Lived in a region where certain fungal infections like histoplasmosis or coccidioidomycosis are common.
- Infections that keep coming back, have diabetes or an immune system problem.
- Any type of cancer or a risk factor for developing cancer, for example, chronic obstructive pulmonary disease (COPD) or had phototherapy for psoriasis.
- Heart failure or any heart condition. Many people with heart failure should not take REMICADE®.
- Hepatitis B virus (HBV) infection or think you may be a carrier of HBV.
- Nervous system disorders (like multiple sclerosis or Guillain-Barré syndrome).

Also tell your doctor about any medications you are taking, including vaccines or Kineret (anakinra), and if you are pregnant, plan to become pregnant or are nursing. Adults and children should not receive a live vaccine while taking REMICADE®.

### **What should I watch for and talk to my doctor about before or while taking REMICADE®?**

The following serious (sometimes fatal) side effects have been reported in people taking REMICADE®.

You should tell your doctor right away if you have any of the signs listed below:

- Infections (like TB, blood infections, pneumonia)—fever, tiredness, cough, flu, or warm, red or painful skin or any open sores. REMICADE® can make you more likely to get an infection or make any infection that you have worse.
- Lymphoma, or any other cancers in adults and children.
- Heart failure—new or worsening symptoms, such as shortness of breath, swelling of your ankles or feet, or sudden weight gain.
- Reactivation of HBV—feeling unwell, poor appetite, tiredness, fever, skin rash and/or joint pain.
- Liver injury—jaundice (yellow skin and eyes), dark brown urine, right-sided abdominal pain, fever, or severe tiredness.
- Blood disorders—fever that doesn't go away, bruising, bleeding or severe paleness.
- Nervous system disorders—numbness, weakness, tingling, changes in your vision or seizures.
- Allergic reactions during or after the infusion—hives, difficulty breathing, chest pain, high or low blood pressure, swelling of face and hands, and fever or chills.
- Lupus-like syndrome—chest discomfort or pain that does not go away, shortness of breath, joint pain, rash on the cheeks or arms that gets worse in the sun. The more common side effects with REMICADE® are respiratory infections (that may include sinus infections and sore throat), headache, rash, coughing and stomach pain.
- Psoriasis—new or worsening psoriasis such as red scaly patches or raised bumps on the skin that are filled with pus.

**Please read the accompanying Medication Guide for REMICADE® and discuss it with your doctor.**

**You are encouraged to report negative side effects of prescription drugs to the FDA.**

**Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

## Frequently asked questions

### Q Is REMICADE® (infliximab) right for me?

A REMICADE® can lower your ability to fight infections. Serious and sometimes fatal events can occur. There have been reports of serious infections including tuberculosis (TB) and infections caused by bacteria, fungi, or viruses that have spread throughout the body. Lymphoma (including a rare fatal kind) and other cancers have been reported in children and adults taking REMICADE®. Some people with heart failure should not take REMICADE®. Other serious side effects include hepatitis B, liver injury, blood problems, allergic reactions, nervous system problems, or lupus-like syndrome. To learn more about these and other risks, please read the Important Safety Information on pages 10-11 and the enclosed Medication Guide, and talk with your doctor.

### Q How is REMICADE® administered and how often do I take it?

A REMICADE® is administered as a 2-hour IV infusion so that it goes right into your bloodstream to get to work to help you feel better. Your healthcare professional will carefully calculate and customize the right dose based on your body weight. After the first 3 doses, you will remain on maintenance therapy which is just once every 6–8 weeks. That could be as few as 6 times a year.

### Q What should I know about serious side effects?

A REMICADE®, like other medicines that affect your immune system, is a strong medicine that can cause serious side effects such as cancer and serious infections caused by viruses, fungi or bacteria that have spread throughout the body, including tuberculosis (TB) and histoplasmosis. Some of these side effects have been fatal. For more information about these and other serious side effects, please read the Important Safety Information on pages 10-11 and the

accompanying Medication Guide for REMICADE®, and discuss them with your doctor. The most common side effects of REMICADE® are mild and manageable, and include: respiratory infections, headache, rash, coughing, and stomach pain.

### Q What should I watch out for?

A You should discuss any questions or concerns about your health with your doctor. On pages 10-11, please read the Important Safety Information. You will also find an accompanying Medication Guide for REMICADE® that includes the most common and the most serious side effects, related symptoms and when to talk to your doctor or seek medical care. If you seek medical care from a healthcare professional other than the doctor who prescribed REMICADE®, it is important to let them know about your medical history and any current medications, including REMICADE®.

### Q Has REMICADE® been widely used?

A REMICADE® has been used to treat more than one million people with inflammatory conditions like rheumatoid arthritis, plaque psoriasis, psoriatic arthritis, ankylosing spondylitis, Crohn's disease, and ulcerative colitis. Its safety data has been evaluated in clinical trials conducted over the past 17 years. REMICADE® is not for everyone.

### Q Is REMICADE® covered by insurance?

A REMICADE® is covered by most insurance plans, including commercial insurers, Medicare, and Medicaid. Coverage policies may vary by insurer or even between plans offered by the same insurer. If you have any questions about insurance coverage or reimbursement, you should first call your insurance company or Medicare. If you have questions or concerns, or if you need additional information related to coverage or patient assistance for REMICADE®, you may call AccessOne® at 1-888-ACCESS-1 (222-3771), Monday through Friday.

**Please read the Important Safety Information beginning on page 10 and the accompanying Medication Guide and discuss them with your doctor.**

## Are out-of-pocket costs a concern?

You may be eligible for...

# RemiStart<sup>®</sup>

Patient Rebate Program for REMICADE<sup>®</sup>

Many people put off treating chronic conditions because of the high out-of-pocket costs of medication. For some people, cost is the one thing that stands in the way of access to treatment. At Centocor Ortho Biotech Inc., we realize that people may need alternate sources of support to help them access treatment with REMICADE<sup>®</sup>.

Your doctor has determined that you may benefit from therapy with REMICADE<sup>®</sup>. If you have difficulty affording the out-of-pocket costs of treatment, you may be eligible for the RemiStart<sup>®</sup> program.

If you are interested in learning more, please call AccessOne<sup>®</sup> at (888) ACCESS-1 to speak to a personal care representative. The representative can research your benefits and help determine your eligibility for RemiStart<sup>®</sup>.<sup>\*</sup> AccessOne<sup>®</sup> is also available to help you with a referral to a patient assistance program if you are uninsured or underinsured.

<sup>\*</sup>You may be eligible for a rebate from RemiStart<sup>®</sup> if you: are beginning or are currently receiving treatment with REMICADE<sup>®</sup>; are being treated for an FDA-approved indication for REMICADE<sup>®</sup>; and you currently have commercial insurance that covers medication costs for REMICADE<sup>®</sup>, but your medication co-pay is greater than \$100 per infusion. Other restrictions apply. Contact AccessOne<sup>®</sup> for more information.



Questions? Call AccessOne<sup>®</sup>

**1-888-ACCESS-1 (222-3771)**

**Monday-Friday**

AccessOne<sup>®</sup> is in no way an extension of medical treatment provided by healthcare professionals for individual patients. The program goal is to provide additional information and customer service for patients receiving treatment with REMICADE<sup>®</sup>. The AccessOne<sup>®</sup> program may be discontinued at any time. You may discontinue your participation at any time by calling 1-888-ACCESS-1 (222-3771).

Please read the Important Safety Information beginning on page 10 and the accompanying Medication Guide and discuss them with your doctor.

 **Remicade<sup>®</sup>**  
INFLIXIMAB

# Caring Support starts with one call

## AccessOne® personal care services

AccessOne® is a single source of care services, with personally assigned Care Coordinators to simplify access to treatment with REMICADE®. We're just a phone call away.

AccessOne® care services provides:

- Personal Care Coordinators
- Individualized patient education materials
- A customized appointment schedule calendar
- A personal newsletter
- Appointment reminder and follow-up calls
- Health plan overview and assistance

Working with your doctor, we can also locate treatment sites that are convenient to your home or workplace and help with patient assistance program referrals.

**Call today...**and open the door to a world of support services.

**accessone**® **one-to-one support from your  
personal Care Coordinator**  
the centocor ortho biotech  
support system

**1-888-ACCESS-1 (222-3771)**

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